

CHILD AND ADOLESCENT MENTAL HEALTH SERVICES UPDATE

Relevant Board Member(s)	Dr Ian Goodman Councillor Philip Corthorne
Organisation	Hillingdon CCG London Borough of Hillingdon
Report author	Elaine Woodward, HCCG Sunny Mehmi, LBH
Papers with report	Appendix 1 - Final Local Transformation Plan

1. HEADLINE INFORMATION

Summary	The report sets out progress in developing partnership working on Child and Adolescent Mental Health Services (CAMHS) in Hillingdon. It includes the final Local Transformation Plan - Implementation Plan as submitted to NHS England on behalf of the Board on 16th October 2015.
Contribution to plans and strategies	Hillingdon's Health and Wellbeing Strategy 2015
Financial Cost	NHS England has identified additional funding of £524,623 per annum that will be provided to CCG's from December 2015 for 5 years. The funding specifically requires focus on Eating Disorders (additional funding of £149,760 per annum) and Service Transformation (additional funding of £374,863 per annum). The final Hillingdon Local Transformation Plan was signed off by Hillingdon's Health and Wellbeing Board's Chairman under delegated powers, the HCCG Governing Body and by NHSE Specialised Commissioning and submitted to NHSE on 16 October 2015. NHSE have now confirmed that the plan has been "successful with amendments".
Ward(s) affected	All

2. RECOMMENDATION

That the Health and Wellbeing Board:

- 1) notes the final Local Transformation Plan submitted and agreed by NHSE for CAMHS services in Hillingdon and progress so far in improving Child and Adolescent Mental Health Services in Hillingdon, through partnership action.**
- 2) requests regular performance updates against the partnership plan, including detail of metrics, such as reducing waiting times, and of financial spend against workstreams to enable it to monitor progress and risks.**

3. INFORMATION

Background

At its previous meetings (17 March, 21 July and 22 September 2015), the Board received updates on development of a partnership approach to improving Child and Adolescent Mental Health Services (CAMHS).

The Board was made aware that the Government had announced additional funding for 5 years to enable the Transformation of CAMHS with the outcome of this to include that, by 2020 an additional 100,000 children and young people nationally will receive treatment. To receive this additional funding, a Local Transformation Plan was developed and a draft presented to the Board on 22 September, with final sign off agreed to be delegated to the Chairman of the Hillingdon Health and Wellbeing Board, the Chairman of Healthwatch Hillingdon and the Chairman of the Hillingdon CCG Governing Body. The Plan was submitted to NHSE on 16 October 2015. NHSE has now confirmed that the plan has been successful but highlighted amendments to strengthen the plan.

A Hillingdon Joint Children and Young Persons Emotional Health & Wellbeing Transformation Board, chaired by the CCG Clinical Lead for Children and attended by senior representatives from the CCG, London Borough of Hillingdon, Hillingdon Healthwatch and Hillingdon MIND has been established. This Board is responsible for reporting to the Health and Wellbeing Board and will provide performance and programme management for implementation of the Local Transformation Plan. The CAMHS Local Transformation Plan will also be reported to HCCG GB and the Local Mental Health Partnership Board.

Implementation and Progress

Appendix 1 sets out the final LTP Implementation Plan for the agreed priorities:

1. Developing Outcomes based services
2. Ensuring the service pathways are communicated to the children, young people and families and Children's workforce in Hillingdon
3. Reducing the waiting times for tier 3 CAMH Service
4. Development of Self Harm, Crisis and Intensive support service
5. Development of comprehensive LD service for children with mental health, challenging behaviour and autism
6. Development of a Community Eating Disorder service
7. Understanding the role of Schools/College in emotional well-being and commissioning services such as counselling
8. Development of primary CAMHS for non MH specialist staff
9. Development of MH training for the Children's workforce
10. Introducing co-production

Good progress has been made in establishing draft specifications for new services in:

- Self harm, crisis and intensive support service;
- Community Eating disorder service; and
- Learning disability specialist community support.

These workstreams are moving towards implementation now that NHSE approval has been confirmed but are still dependent on recruitment of additional staff, which has commenced.

The Implementation Plan has been annotated to provide performance updates and RAG rated against established baselines and action required. Most ratings are Red or Amber reflecting the fact that they have not fully started as confirmation of funding has only just been received.

NHSE Assurance

The joint plan covering all eight CCGs in North West London was considered comprehensive, and clearly sets out the ambitions for the transformation of CAMHS. The assurance team highlighted a number of amendments to further strengthen the plan:

- Engagement and partnership – The plan could be further strengthened with inclusion of specific examples of work with Specialised Commissioning and Health in Justice Teams in NHS England as well as work with Youth Justice and the Police.
- Governance – More detailed governance information for each individual CCG is required.
- Finance – Further detailed financial information is needed, for example a clear breakdown of costs, current levels of investment in services and a mitigation strategy for any potential underspend.

Risk Management

Whilst the plan demonstrates commitment from across partners to utilise the new investment available from NHSE, to design new services, reduce waiting times and to improve early intervention and prevention, the complicated nature of CAMHS provision means that there remain inherent risks to the success of delivery. A risk register is being developed to assist the project and programme management but the key overall risks identified are:

Risk	Mitigating action
Inability to recruit CAMHS clinicians to establish the self harm service or specialist LD clinicians, due to demand for staff across NHS. These service will ultimately reduce waiting times (tier 3),	Preparatory work for recruitment undertaken. HCCG will be approaching NHSE re the possibility of rolling over any underspend in 2015/6 into 2016/7
Lack of buy-in or support from Schools on role in emotional wellbeing	Active discussions with schools forum, offering training and support to recognise and develop services. Mapping will enable direct contact where gaps are identified. Council school nursing functions being considered to support approaches to schools. Aim for MH champions in every school.

Investment into Hillingdon CAMHS

The Board has previously sought more detail on the levels of expenditure attached to existing services to enable it to see new investment in context and understand the service pressures better. The plan identifies current investment specifically in relation to these areas as:

<p>Hillingdon CCG There is a block contract with CNWL for all Mental Health Services commissioned.</p> <p>For CAMHS this is £2,079K.</p> <p>In 2015/6 this budget has seen an increase of £606K, which is a 29 % increase.</p>	<p>NHSE</p> <p>The budget for CAMHS inpatient care in Hillingdon is £338.8K</p>	<p>Hillingdon Council: Link (Tier 2) £83.4k Sorted (Tier 2) £69.8k Kiss (Tier 2) £117.5k CAMHS for LAC (Tier 3) £397k</p> <p>Total: £667.7k</p>
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4. EFFECT ON RESIDENTS, SERVICE USERS & COMMUNITIES

What will be the effect of the recommendation?

The transformation of children and young people's emotional wellbeing and mental health services will enable more young people to access evidence based mental health services, which meets their needs. For the wider population of Hillingdon children and young people will develop skills which will improve their emotional health and wellbeing and develop skills to improve their emotional resilience.

Consultation Carried Out or Required

The report is based on CAMHS Strategy 2013 which is the outcome of consultation undertaken jointly by HCCG and Hillingdon Council. It is also based on the Future in Minds report, Healthwatch Hillingdon's 'Seen & Heard' report and the CAMHS Joint Strategic Needs Assessment 2015.

Policy Overview Committee comments

None.

5. CORPORATE IMPLICATIONS

Hillingdon Council Corporate Finance comments

Corporate Finance have reviewed this report and note the agreed funding level of £524,623 from NHS England to contribute to Hillingdon's Health and Wellbeing Strategy 2015 through providing increased access to emotional wellbeing and mental Health services for Children and young people in the Borough.

Hillingdon Council Legal comments

The Borough Solicitor confirms that the strategy complies with guidance issued by NHS England. There were no legal impediments to the Board agreeing the recommendations set out in the report.

6. BACKGROUND PAPERS

NIL.